



Flip The Script with EAAA™

A free violence-prevention training for youth



One in five young women will experience rape or attempted rape while in post-secondary school [1].

30% of girls and women aged 15+ have experienced sexual assault at least once. **47% of sexual assaults are committed against women and girls aged 15-24**[2]. Sexual assaults against high school students in British Columbia are increasing [3, 4].

80% of sexual assaults are perpetrated by **someone known to the victim**, such as a fellow student or friend [5].

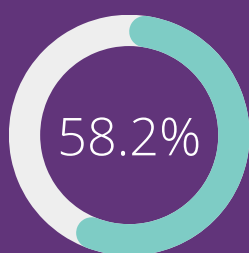
Change the Narrative About Sexual Assault.

Unlike typical empowerment trainings, *Flip The Script with (EAAA)™* (Enhanced Assess, Acknowledge and Act) is an evidence-based curriculum which came from over a decade of research done by the Sexual Assault Resistance Education (SARE) Centre. It is **the most effective program of its kind**, reducing the risk of assault by more than half for up to two years according to a [study in the New England Journal of Medicine](#).

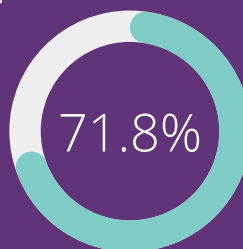
Flip The Script with EAAA™ is divided in a way that participants will gain trust and feel comfortable discussing and learning how to prevent sexual assault. The program is divided in 4 units: Assess dangerous cues for sexual violence, Acknowledge, the emotional and cognitive barriers to resist sexual violence and Act by learning how to physically resist sexual violence. The last unit, Relationships and Sexuality, will enhance your relationship with your sexuality and boundaries

Flip The Script with EAAA™ is uniquely effective because it emphasizes that many perpetrators are known to their targets. Because the majority of sexual assaults against youth are perpetrated by fellow students, friends, acquaintances, or romantic partners, and *Flip The Script with EAAA™* addresses the challenges that come from coercive pressure rather than just physical force.

Flip The Script with EAAA™ has undergone rigorous research and testing. Because of these studies, we know that it has a real impact.



After 6 months, the program saw a **58.2% reduced incidence of completed rape** (Senn et al., 2017).



After 24 months, participants reduced their chances of attempted rape by **up to 71.8%** (Senn et al., 2017).



About the Trainings



20.3% of high school girls experience sexual coercion in their romantic relationships [6].

12% of North Shore youth have disclosed sexual abuse, and this number is increasing for young women[7].

We may be taught to see "dangerous" and "violent" as the same, invisibilizing coercive tactics [8].

Flip The Script with EAAA™ is a free **12-hour curriculum** that can be broken up into smaller sessions. When hosted in the community, our trained facilitators typically offer a weekend workshop in two 6-hour sessions, but our trained facilitators can offer the program in **two or four sessions**, either in the community or at a school. **We can also run special programs upon request.** Participating youth are eligible to receive a letter affirming **12 volunteer hours towards their graduation requirements.**

The NSWC is the only provider of *Flip The Script with EAAA™* in BC to date, and our sessions are unique. While the training is usually targeted at university-aged young women, we have worked with the SARE Centre to provide the curriculum for **youth aged 16-19**, because we recognize that after the age of 15, the chances of being victimized by sexual and gender based violence significantly increases for young women.

By offering *Flip The Script with EAAA™* for high-school aged girls, the NSWC's training is an ideal way to empower youth with the skills, tools, and knowledge that can keep them safe during this crucial period.

Sexual violence is the only form of violent crime not declining in Canada [9].

The NSWC is dedicated to making our community safe for women, girls, and gender-diverse individuals, and advocate for safety through a variety of initiatives. These include our Fearless Girls' Empowerment Camps, our Sexual Assault Prevention in Bars and Restaurants project, *Flip The Script with EAAA™*, and significant ongoing research about sexual and gender-based violence prevention strategies and approaches.

This project has been funded in part by Women and Gender Equality Canada.



Women and Gender Equality Canada

Femmes et Égalité des genres Canada